August 28, 2002

Re: Medical Dispute Resolution

MDR #: M2-02-0940-01

IRO Certificate No.: IRO 5055

Dear

In accordance with the requirement for TWCC to randomly assign cases to IROs, TWCC assigned your case to ____ for an independent review. ____ has performed an independent review of the medical records to determine medical necessity. In performing this review, ____ reviewed relevant medical records, any documents provided by the parties referenced above, and any documentation and written information submitted in support of the dispute.

The independent review was performed by a matched peer with the treating health care provider. Your case was reviewed by a physician Board Certified in Anesthesia, specializing in pain management

The physician reviewer AGREES with the determination made by the insurance carrier in this case. The reviewer is of the opinion that Botox injections to treat myofascial pain syndrome are not medically necessary in this case.

I am the Secretary and General Counsel of ___ and I certify that the reviewing physician in this case has certified to our organization that there are no known conflicts of interest that exist between him and any of the treating physicians or other health care providers or any of the physicians or other health care providers who reviewed this case for determination prior to referral to the Independent Review Organization.

We are forwarding herewith a copy of the referenced Medical Case Review with reviewer's name redacted. We are simultaneously forwarding copies to the patient, the payor, and the Texas Workers' Compensation Commission. This decision by ____ is deemed to be a Commission decision and order.

YOUR RIGHT TO REQUEST A HEARING

Either party to this medical dispute may disagree with all or part of this decision and has a right to request a hearing.

If disputing a spinal surgery prospective decision a request for a hearing must be in writing and it must be received by the TWCC Chief Clerk of Proceedings within ten (10) days of your receipt of this decision (28 Tex. Admin. Code 142.5©).

If disputing other prospective medical necessity (preauthorization) decisions a request for a hearing must be in writing and it must be received by the TWCC Chief Clerk of Proceedings within twenty (20) days of your receipt of this decision (28 Tex. Admin. Code 148.3).

This Decision is deemed received by you **five (5)** days after it was mailed (28 Tex. Admin. Code 102.4(h) or 102.5 (d)). A request for a hearing should be sent to:

Chief Clerk of Proceedings Texas Workers' Compensation Commission P.O. Box 40669 Austin, TX 78704-0012

A copy of this decision should be attached to the request. The party appealing the decision shall deliver a copy of its written request for a hearing to all other parties involved in the dispute.

I hereby verify that a copy of this Independent Review Organization (IRO) Decision was sent to the carrier, the requestor and claimant via facsimile or U.S. Postal Service from the office of the IRO on this 28TH day of August 2002.

Sincerely,

MEDICAL CASE REVIEW

This is for ____. I have reviewed the medical information forwarded to me concerning TWCC Case File #M2-02-0940-01, in the area of Pain Management. The following documents were presented and reviewed:

A. MEDICAL INFORMATION REVIEWED:

- 1. Request for review of denial of one visit for eight Botox chemodenervation injections with EMG guidance.
- 2. Correspondence.
- 3. Office notes from 2002, 2001, 2000, 1999, and 1995-1998.
- 4. Operative reports.
- 5. Radiology reports.

B. BRIEF CLINICAL HISTORY:

The patient is a 46-year-old female who was involved in a work-related injury on ____ when she was climbing down a ladder and slipped, falling backwards onto her wrist and back, onto some boxes. She has been

treated and evaluated for neck and upper back pain as well as wrist pain in the intervening time.

C. <u>DISPUTED SERVICES</u>:

A request has been made for Botox injections to treat a myofascial pain syndrome, and these have been denied on the basis of the blocks being unnecessary and not providing any lasting relief.

D. DECISION:

I AGREE WITH THE DETERMINATION OF THE INSURANCE CARRIER IN THIS CASE.

E. RATIONALE OR BASIS FOR DECISION:

The rationale for this agreement is based on the fact that the patient has had no apparent improvement from previous trigger point injections as well as Botox injections. As a matter of fact, she at one point has documented 0% improvement from various pain management techniques. There appears to be a strong psychological component to this patient, and I cannot see that Botox injections would offer her any chance of getting better, other than on a temporary basis.

F. <u>DISCLAIMER</u>:

The opinions rendered in this case are the opinions of this evaluator. This medical evaluation has been conducted on the basis of the documentation as provided to me with the assumption that the material is true, complete and correct. If more information becomes available at a later date, then additional service, reports or consideration may be requested. Such information may or may not change the opinions rendered in this evaluation. My opinion is based on the clinical assessment from the documentation provided.

Date: 27 August 2002